



## GUIDELINES FOR DEALING WITH AN ACCIDENT

In the event of an accident whether it is at training, at a tournament or on a match day, the following steps should be followed to ensure the safety of all involved:

- Stay calm but act swiftly and observe the situation
- In an emergency call **190** and calmly explain the situation to the operator
- If an emergency services vehicle is on its way, inform the GSLA staff so immediate entry access to the stadium premises is arranged
- If necessary, evacuate the pitch in a calm and controlled manner
- If there is an injury, listen to what the injured person is saying
- Alert the Team First Aider who should take appropriate actions for minor injuries
- In the event of an injury requiring specialist treatment, call the emergency services
- Ensure the rest of the group is adequately supervised
- Do not move someone with major injuries unless they are in serious danger of further injury. Wait for the emergency services
- If the injured person is under the age of 18, you must contact the injured person's parent/guardian or registered emergency contacts. Contact numbers are available with the coaches.
- The aider must complete an Accident/Incident Report form and submit to the Club Secretary
- The Secretary will ensure a copy of the Accident/Incident Report is given to the injured person or to the injured person's parent/guardian or registered emergency contact should they be under the age of 18.
- A First Aid kit is available to teams at every training session and fixture. This will be topped up by the Club Secretary upon notification.