



## **ROLE OF THE HEAD COACH**

A Head Coach oversees and directs the entire hockey coaching programme per season. Their role is to develop strategies, training regimes and plan practices for all teams. It is however not the sole responsibility of the Head Coach to deliver all sessions but feed an overall coaching programme through other coaches as necessary.

## **DUTIES OF THE HEAD COACH**

- Plan, implement and review annual coaching programmes
- Demonstrate advanced coaching competence
- Demonstrate advanced technical and tactical competence
- Deliver the fundamentals of hockey and core skills with tactical input
- Deliver coaching sessions that will assist both members and teams to achieve their potential and goals
- Observe, analyse and improve player performance
- Support and supervise coaches where applicable
- Recommends/approaches new Club members to strengthen the development of the Club
- Assists with the development of Club members' skills and prepares them on how to be mentally prepared for competition
- Assist with the pre-season selection process with other Coaches and Team Captains
- Assist with the development/encouragement of new Coaches
- Be a positive role model for all members of the Club.

## **COMMITMENT / TIME FOR THE ROLE**

- Weekly training
- Weekend Fixtures
- General Committee meetings
- Club Social Events
- Annual General Meeting and any Extraordinary General Meeting
- The time commitment for being a positive role model is on-going

- Appointed for two years from date of general election (if elected after, dates run to next General Committee election)

#### **SKILLS AND QUALITIES REQUIRED**

- At least a Level 2 hockey coaching certificate (or equivalent)
- First Aid qualified
- Safeguarding and Protecting Children workshop
- Core skills and foundation skills workshop
- Excellent communicator
- Excellent time management
- Organisation
- Ability to motivate
- Ability to analyse and mentor
- Excellent knowledge of the rules of Hockey
- Knowledge of current performance standards of techniques and tactics applied in performance hockey